



— SIKH RESOURCE FOR —

# SHOW THE LOVE

## 2021

[SHOWTHELOVE.ORG.UK](https://showthelove.org.uk)



#SHOWTHELOVE



“Pavan guru, paani pita, mata dharat mahat. Air is our teacher, water our father and the great sacred earth our mother”.

– Guru Nanak Dev Ji 1469 - 1539, ang (page) 8 of Guru Granth Sahib Ji, the Sikh holy scripture.

We honour our Gurus wisdom by believing that all humans have an intrinsic sensitivity to the natural world, and that a sustainable, more just society is possible where water, air, land, forests and biodiversity remain vibrant, living systems for our generation and future generations.

“Creating the world, God has made it a place to practice spirituality”.

– Guru Granth Sahib Ji ang 1035

The sikh scripture declares that the purpose of human beings is to achieve a blissful state and be in harmony with the earth and all creation including other people, animals and nature. Eliminating the concept of duality we are taught of the one-ness of humanity and creation which means all aspects are linked so humans must respect all of creation.





## **THE WORDS BELOW ARE TAKEN FROM THE SIKH STATEMENT OF CLIMATE CHANGE, ECOSIKH SEP 2014**

“Through his teachings, our first Guru, Guru Nanak Dev Ji explained that the world we humans create around ourselves is a reflection of our own inner state. So as we look around to our wasteful and polluting practices we obtain an insight into the chaos within us.

When the tenth guru, Guru Gobindd Singh Ji founded the Khalsa in 1699 he charged the Sikhs to challenge any force that threatened the wellbeing of others. He made us warriors with the responsibility to protect the vulnerable. Today the earth is vulnerable because of climate change and because people have not protected their environments. Sikhs should be front runners of change. Seva, the practice of selfless service is a main tenet of Sikhism and Sikhs can perform seva by reducing our carbon footprint, recycling, investing in renewable energy, being mindful of where our food comes from. Gurdwaras as beacon of righteous thoughts must be eco friendly. When those spaces are in harmony with nature it will allow Sikhs to be more spiritually connected to Waheguru, the creator of all”.

Ecosikh raise awareness and encourage positive action against unsustainable and polluting practices. Ecosikh created World Sikh Environment Day which is an annual event on March 14 but often celebrated for the whole of March. That is the date when the 7th Guru, Guru Har Rai Ji was given guruship in 1644. He is remembered for his sensitivity towards nature and passion for preserving it. Amongst other environmental work he began a medicinal herb garden and animal sanctuaries.





## Guru Nanak Dev Ji said 'Taruth is high, but higher still is truthful living'. So here are ways to get involved:

The Climate Coalition is a group of 140 organisations, representing 22 million people across the UK. Together we are the UK's largest group of people dedicated to action on climate change. The past year has been a year like no other. The devastating impacts of the pandemic have impacted us all, and made us value what we love more than ever. We know our best chance at rebuilding goes hand in hand with tackling the climate crisis. We need our leaders to protect everything we love and deliver a healthy, green and fair recovery.

Later this year, the UK will host the United Nations climate summit. This is our opportunity to lead the world into a cleaner, greener future, but first we need to invest in the solutions to the climate crisis at home.

When we raise our voices together, we are a force for change that is impossible to ignore. The rest of this pack is full of ideas on how to take part in Show the Love and take action to protect the people, place and lives we love from climate change.

### Ways to #ShowTheLove

Ever since the start of Show the Love, communities across the UK have demonstrated year-on-year that beautiful things are possible when people work together. Things may look a bit different this year, but you can still show the love! Here are some ways you can get involved:

#### **MAKE, WEAR, SHARE GREEN HEARTS**

Get creative and make a green heart - you can find ways to do this in our Green Heart action pack at [showthelove.org.uk](http://showthelove.org.uk). You can then wear or share your green heart with your friends and family - it's also a great way to start climate change conversations. You can even send one to your MP to encourage them to #ShowTheLove for a cleaner, greener future. There is a postcard to send to your MP at the back of this pack.

#### **CREATE A GREEN HEART DISPLAY**

Window displays have brought joy to many communities over the past year as we've spent much more time at home. Create green hearts and use them to decorate a window, noticeboard or front garden over the Valentine's Day weekend - the 12th-15th of February - to show the love to your community.

#### **CONNECT WITH YOUR COMMUNITY**

Connect with your community - Although life remains unusual, there has never been a better time to club together with your local community. This February, connect with others in your area such as community groups and local faith communities. Organise an online talk about why you care about climate change, the work you are doing to tackle climate change, and explore how you can work together to help create a cleaner, greener future this year.



## HAVE A CHAT ABOUT CLIMATE CHANGE

Have a conversation with friends, family or neighbours about climate change. Hold an online Show the Love event and invite Ecosikh representatives to speak at it.

## Share the love on social media

If you use social media, please take a photo of yourself with a green heart and share it online with the hashtag **#ShowTheLove**. This is a way of coming together as part of the national campaign online, alongside people of many faiths and none.

## The Time Is Now For A Cleaner, Greener World That Works For Everyone

Our declaration brings together people from all walks of life with businesses, community groups, MPs, local decision makers to send a strong and unified message that **#TheTimelsNow** to take urgent action to protect what we love from the climate crisis.

We want to reach one million voices before the UN Climate Summit. Encourage your congregation to add their name to the declaration at [thetimeisnow.uk](http://thetimeisnow.uk), and send a postcard to your MP to ask them to commit to **#ShowTheLove** by championing climate action.



### STEP 1

Add your name to the declaration at [thetimeisnow.uk](http://thetimeisnow.uk) - you can sign up as an individual and as a community too.



### STEP 2

Fill in the postcard and add a bit about why you've signed the declaration so your MP knows why you care about climate action.



### STEP 3

Fold your postcard, attach a crafted green heart if you've made one.



### STEP 4

Pop the postcard in an envelope and send it your MP. You can find their constituency surgery address at [members.parliament.uk](http://members.parliament.uk) or alternatively send it to (addressed to them) to House of Commons, London, SW1A 0AA.



### STEP 5

Keep an eye out for their response.

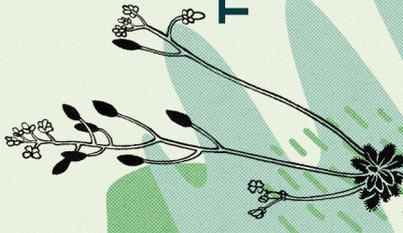
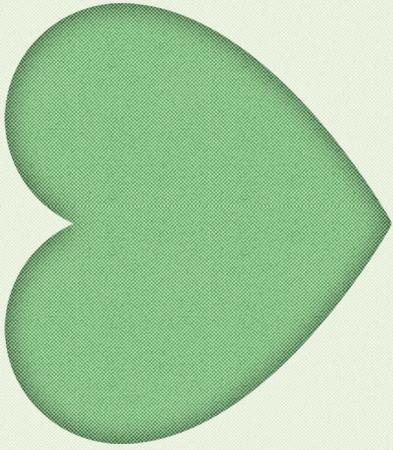
#### Notes to Organisers:

You can download additional postcards like the one featured in the back of this pack on [showthelove.org.uk](http://showthelove.org.uk) if individuals want to print out their own and send it to their MP.

Additional resources are also available on [showthelove.org.uk](http://showthelove.org.uk) if you would like to get more involved in Show the Love, for example with craft or youth and children's activities.

The time is now to protect what we  
love from the climate crisis.

#SHOWTHELOVE



**Dear** ..... **MP**

**I want to see urgent action to protect what I love from the climate crisis.** I've added my voice to The Climate Coalition's Declaration because I care about...

Before the UK hosts the world at the UN Climate Summit in November, we need to show global leadership by ensuring our recovery gets us on track to a cleaner, greener world that works for everyone. **Will you #ShowTheLove by championing climate action this year?**

**Please show your support by:**

- Signing The Climate Coalition's Declaration for a Healthy, Green And Fair Tomorrow (please email [campaigns@thelimatecoalition.org](mailto:campaigns@thelimatecoalition.org) to sign)

- Sharing a photo of this green heart on Twitter pledging your support to protect all that we could lose to the climate crisis - don't forget to tag @thecoalition and use #ShowTheLove

**Thank you,**

Name:

Postcode:

Email/Phone:

Organisation/Group:

[thelimatecoalition.org](http://thelimatecoalition.org)

